

## Challenge Conference Packing List

Required	Optional	Suggested
Cold weather Sleeping bag	life straw	5x7 tarp
Cheap pillow	E-tool-Packable Shovel	Hydration packets (liquid IV)
<b>**NO COTTON**</b>	Multitool	CamelPak
2x hiking pants (no jeans)	Knives	
2x long sleeve hiking shirt (not cotton)	poly sleeping pad	
Above the ankle hiking boots	Jet boil Packable Super Mini Stove	
4x socks	Tea	
5x T-shirts (No Cotton)		
5x athletic shorts		
5x underwear (NO COTTON)		
1qt water container. Hydro Flask, Nalgene, etc		
Cold weather gloves (NO COTTON)		
Regular shoes.		
1x Rain Jacket		
Warm layers (long John's, under armor, base layer, etc)		
Wind breaker		
Head lamp, red lens capable		
Spare batteries for head lamp		
Backpack		
Shower shoes (flip flops)		
Toiletries (tooth brush, soap)		
Hand warmers		
Knife		
Trash bags		
Notebook pen and Paper		
Warm head gear		
Hoodie/sweater x2		
Sun glasses		
Chapstick		